

Event: _____

School: _____

Date: _____

Teacher: _____

Girls Teamsheet		Track Events					Field Events						
		Obstacle Relay	1 + 1 Lap Relay	2 + 2 Lap Relay	1+1 Lap Hurdles Relay	Over / Under Relay	4 x 1 Lap Relay	Chest Push	Standing Long Jump	Five Strides	Vertical Jump	Soft Javelin	Speed Bounce
Number of athletes per event:		4	2	2	2	4	4	3	3	3	3	3	3
1													
2													
3													
4													
5													
6													
7													
8													
9													
10													
11													
12													
13													
14													
15													

1. Please tick the appropriate box for each athlete's events.
2. An athlete is limited to two track events and two field events.

Event: _____

School: _____

Date: _____

Teacher: _____

Boys Teamsheet		Track Events					Field Events						
		Obstacle Relay	1 + 1 Lap Relay	2 + 2 Lap Relay	1+1 Lap Hurdles Relay	Over / Under Relay	4 x 1 Lap Relay	Chest Push	Standing Long Jump	Five Strides	Vertical Jump	Soft Javelin	Speed Bounce
Number of athletes per event:		4	2	2	2	4	4	3	3	3	3	3	3
1													
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