

North Lincolnshire Primary Cross Country Championships

EDUCATION. SPORT. WELLBEING

Wednesday 5th December 2018 at Central Park / App Frod Sports Club

Race	Age Group	Time	Approx	Lap	Race Numbers
			Distance		
1	Year 3/4 Boys	1.30pm	900m	Green start Lap A – Red Finish	starting either 400 or 500
2	Year 3/4 Girls	1.50pm	900m	Green start Lap A – Red Finish	starting either 200 or 300
3	Year 5/6 Boys	2.10pm	1500m	Green start Lap A – Lap C Red Finish	starting either 800 or 900
4	Year 5/6 Girls	2.30pm	1500m	Green start Lap A – Lap C Red Finish	Starting either 600 or 700



