

Football League

Rules

Entry:	Online entry at www.letsgetahead.co.uk
Teams/Gender:	<ul style="list-style-type: none"> Games are 7-a-side with a maximum squad of 9 players.
Duration	<ul style="list-style-type: none"> Leagues to begin W/C 7/11/16 and to conclude W/C 5/12/16 Game timings TBA when fixture list has been completed. If a school is late, games can be shortened at the discretion of the referee
Playing the Game	<ul style="list-style-type: none"> Game is started with a traditional kick off from the centre spot. Throw ins, goal kicks and corner kicks to be taken at the appropriate time when the ball leaves the field of play. Children are encouraged to use the correct throw in technique, however referees will be lenient. Goal kicks to be taken from the 6 yard box. Players are permitted to enter the 6 yard area. Goal keepers are permitted to kick the ball out of their hands. Re-starts after a goal are to be taken from the centre spot. No offsides Roll on, roll off substitutions. Teams to swap sides at half time
Health and Safety	<ul style="list-style-type: none"> Children to wear shin pads and trainers at all times. Football boots are not permitted
Results/Scoring	<ul style="list-style-type: none"> 3 points for a win, 1 point for a draw and 0 points for a loss.