

Orienteering

Rules

Entry	
Online entry at www.letsgetahead.co.uk	
Teams/Genre:	<ul style="list-style-type: none">• Students must compete as a pair. Boys and girls can compete in the same championships.• There will be separate championship for Year 5 and 6 students. Year 5 will follow a different course to Year 6.• A school team consists of 3 'pairs' in the same age group. A pair can be two students of the same age group. The top 3 'pairs' from a school make a team.• Schools can enter as many teams as they wish. The top 3 teams per age group will qualify for the Humber School Games.
Event Format	<ul style="list-style-type: none">• Students will be given full instructions on how to complete the course and an introduction to basic skills of map orientation.• Students follow a map and visit controls in the correct order, recording their visit by using an electronic dibber. Time penalties will be given for any control missed.• Events will be staged on the playing fields at App Frod Sports Grounds, DN16 1AA.
NGB Website:	<ul style="list-style-type: none">• All events are supported by Humberside & Lincolnshire Orienteers.• Details of local opportunities can be found at http://www.halo-orienteeing.org.uk/