

Badminton

Rules

Entry	Entry via SGO
Teams/Gender:	Teams of 5 players but non gender specific
Event Format:	<ul style="list-style-type: none">• Teams of 5 play each other.• Player 1 plays singles against Player 1 from the opposing team for 2 minutes - externally timed.• Then players 2 take over but the score rolls over.• The team that has built the greater score at the end of the match (10 minutes) wins.
Scoring:	Rally Points Scoring System Singles <ul style="list-style-type: none">• At the beginning of the game (0-0) and when the server's score is even, the server serves from the right service court.• When the server's score is odd, the server serves from the left service court.• If the server wins a rally, the server scores a point and then serves again from alternate service court.• If the receiver wins a rally, the receiver scores a point and becomes the new server. They serve from the appropriate service court – left if their score is odd, and right if it is even.
Skills	Suggested Competences Racket Skills <ul style="list-style-type: none">• to be able to rally-hit a few shots over the net.• to be able to serve over the net with an underarm shot to a diagonal service court. Knowledge of court lines and (basic) laws <ul style="list-style-type: none">• Know the service courts and (singles) side lines and base line.• Know the service must be underarm, diagonal to the opposing service court.• Know the winner of a rally scores a point and serves next.
NGB Website	www.badmintonengland.co.uk